# **MEDICS** First Aid and defibrillation for Children



This is a very basic introduction to First Aid and Defibrillation aimed at children between the ages of 8 and 11, but it can suit children of any age.

The course is kept at a basic level with no use of confusing terminologies.

The course will show complete respect for the child's ability, make it educational and practical, and instil the importance of helping someone who is poorly or injured.

#### **Course Duration**

3 hours dependent on the syllabus you want covered including educational, theoretical and practical teaching sessions.

#### **Syllabus**

A range of subjects are covered including:

- What is First Aid?
- Defibrillation
- First Aid kits
- Recovery positionResuscitation (CPR)
- DR ABC

Choking

- Wounds and bleeding Asthma
- Shock Safety
- Communication and contacting the emergency services

#### Assessment

This is a non-regulated qualification and attendance is all that is required.

Optional test/quizzes are available in the form of a worksheet if required.

#### Certification

A certificate of attendance is included with the Mini Medic book as a 'cut-out' for the child.

### Numbers

A maximum of 16 children can be accommodated on this course and ideally, all children should be a minimum of 8 years of age. However, younger children are permitted.



### All our Mini Medics will receive:



•32-page fully illustrated A4 colour book including a cut-out 'Mini Medics' certificate

 A unique syringe design pen in red or blue

•A 4-page worksheet with fun and educational activity



# Call 0800 169 0255 or email info@unitedsafecare.co.uk



United Safe Care is part of the Diagrama Foundation, a charity (reg no 1128532) which supports vulnerable children and adults.



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